

Plant Categories

The following list is offered as a guide to the periods during which various annual crops may be planted. The *Stella Natura* editor, Sherry Wildfeuer, does not plant all of these vegetables, so that some of these recommendations are based on the experience of other gardeners. Growers are urged to use the suggestions as a basis for their own research. Please feel free to contact us with questions about specific plants at info@stellanatura.com.

Flower

- artichoke (may also be planted on a leaf day – there is not enough experience with this particular crop to make a specific recommendation. Please note that it is sometimes grown as a perennial, in which case the planting recommendations are not applicable.)
- broccoli
- annual flowers

Fruit

- beans
- corn
- cucumbers
- cumin for seed
- dill for seed
- dried beans (lima, kidney, etc)
- eggplant
- fennel for seed
- gourds
- grains
- melons and cantaloupes
- okra
- peas
- peppers
- pumpkins
- squash, summer
- squash, winter
- tomatoes
- watermelon

Leaf

- artichoke (may also be planted on a flower day)
- brussels sprouts
- cabbage
- cauliflower
- chinese cabbage
- celery
- chard
- collards
- cover crops (annual)
- dill weed

- endive
- fennel bulb (may also be treated as a root crop, although the bulb is really a swollen stem)
- fodder plants
- grasses (annual)
- kale
- kohlrabi
- leafy herbs – basil, chamomile, cilantro (annual)
- lettuce
- parsley
- salad greens – arugula, Asian greens, mustard, etc.
- scallions
- spinach

Root

- beets
- burdock
- carrots
- celeriac
- garlic
- fennel bulb (may also be treated as a leaf crop – the bulb is really a swollen stem)
- leeks
- onions
- potatoes
- radishes
- rutabaga
- sweet potatoes
- turnips
- yams